

## Protective Behaviours

Protective Behaviours is about empowerment, communication, self-esteem and other life skills.

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## The Impact of Domestic Violence on Children and Young People.

This training examines the possible causes and effects of children's stress and in particular children's experience of domestic violence.

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## Domestic Violence & The Law

Increase understanding of the law in relation to domestic violence in Northern Ireland. This day outlines the legal remedies available for women and children for their protection and for the occupation of their homes (Family Homes & Domestic Violence (NI) Order 1998). It also examines the court process and outlines divorce reforms.

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## Domestic Violence Social Analysis

Social Analysis is an examination of things within a particular system and an attempt to understand why they are like this and how they might be changed.

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## No Fear

A preventative education pack has been developed for working with young people. It explores a variety of issues including relationships, domestic violence and conflict management.

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## Helping Hands

The overall aim of this training is to increase children's understanding of feeling safe and to explore and promote behaviours which will contribute to a safe environment.

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**TRAINING COSTS ARE ON A SLIDING SCALE  
UP TO €300 PER DAY**

**For further information on the Training Project contact:**

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**24 hour domestic violence helpline**

**028 90331818**

*Minicom and Language Line available*

helping hands no fear  
protective behaviours  
domestic violence the  
law social analysis  
children under stress

**NORTHERN IRELAND WOMEN'S AID FEDERATION**



**TRAINING  
PROGRAMME**

violence on the  
edge children and  
young people child  
protection helping  
hands no fear  
protective behaviours  
domestic violence the



## DOMESTIC VIOLENCE

Domestic Violence is the intentional and persistent physical or emotional abuse of a woman, or of a woman and her children in a way that causes pain, distress or injury. It is caused by someone they have or have had an intimate relationship with.

### NIWAF

Northern Ireland Women's Aid Federation (NIWAF) is a voluntary organisation that exists to challenge attitudes and beliefs that perpetuate domestic violence. We seek through our work to promote healthy and non-abusive relationships.

NIWAF provides a focus for this work through its lobbying, campaigning, publications, policy and partnership development, training and fundraising initiatives. This is done in association with its membership.

These members are the local Women's Aid groups who provide refuge, aftercare, outreach, training, support and information for women and children who are experiencing or have experienced domestic violence.



## QUESTIONS TO ASK YOURSELF as an organisation or individual

- Do you or your staff, workers or volunteers meet with women and/or children who are experiencing or have experienced domestic violence?
- Would you feel more confident dealing with those who have experienced domestic violence if you had received awareness training on this subject?
- Do you deal with the general public, delivering services or advice and information?
- Could your organisation offer more effective services to the public if they had training on domestic violence?

*If you have answered 'yes' to one or more of these questions, then NIWAF can offer training to suit the needs of your organisation in the following areas:*

- ✓ 2-3 hour basic awareness training.
- ✓ 1-2 day in-depth dedicated to single or multi-agency training.
- ✓ Specialist training on specific issues i.e. legal issues, child protection issues.



## TRAINING ETHOS

"To create a safer community through challenging individuals and agencies to work inclusively and collaboratively to eliminate domestic violence and to promote a non-violent society for us all."

### STANDARD TRAINING PROGRAMMES

#### Domestic Violence Awareness Raising

An introduction to the issue of domestic violence with an opportunity to identify specific areas of interest to your work.

#### Violence on the Edge

The aim of this training pack is to provide participants with the knowledge, awareness and skills to effectively support minority ethnic women and children at risk of domestic violence.